

Newsletter June 2020

The Unitarian Church of Underwood is a welcoming community of diverse people where our celebration of life and common search for meaning bind us together.

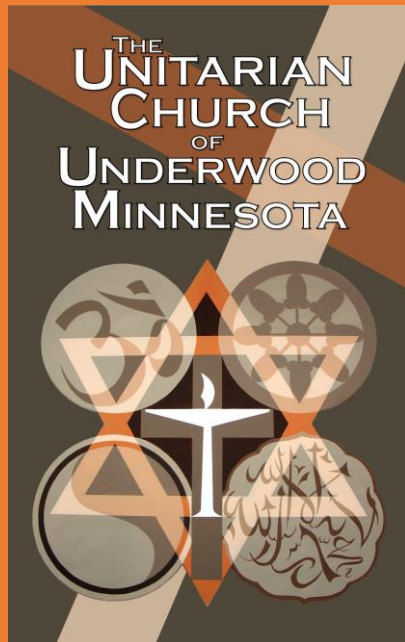
Unitarian Church of Underwood

PO Box 58, 206 North Main Street
Underwood

Phone: 218/826-6553

Website: www.ucofu.org

www.facebook.com/www.ucofu.org



Spring Life!

Grandpa David Wass & Esme teaching 4-day old calf, "King" to drink from pail.

Photo courtesy of Susan Groff

Due to continued precautions against the spreading of the COVID-19

church services, meetings & activities are suspended until further notice.

Watch for ucofu@ucofu.org messages, the Sunday "[UCU Weekly](#)" and check:

www.ucofu.org or

www.facebook.com/www.ucofu.org

u.org

Stay^oinformED

[“Like” UCU on Facebook: see
www.facebook.com/www.ucofu.org](#)

U Group Schedule Watch ucofu@ucofu.org for announcements of “Zooming” U Group Meetings

- Alexandria U-Group: Zoom meeting June 28 @ 7:00 pm. Facilitators: Lee Becker/Susan Sanford
- Battle Lake U Group will continue the 2nd Tuesday each month @ 3 p.m. Facilitators: Bob Worner/Kris Warhol.
- Fergus Falls U-Group: 3rd Thursday @ 6:30 pm. Facilitator: Melody Shores.
- Perham U-Group: Potential summer yard gatherings following safety practices. Will resume 2nd Thursday @ 6:30 p.m. in September.

Each group holds an empty chair for anyone who wants to come and join the group.

**Adult and Children’s Religious Education
Classes and Mindfulness Sitting on Sundays
are Temporarily Suspended until further
notice**

UCU Weekly

Watch for these and other
ucofu@ucofu.org email messages.
Participate in the **ZOOM** invitations for
Sunday service, social hour & other
meetings

Note: Send Announcements for UCU Weekly
and monthly newsletter to
newseditor@ucofu.org. As appropriate, some
will be forwarded for inclusion @
www.ucofu.org and Facebook Page.

Need help with Zoom?
Email: techhelp@ucofu.org

**Want to volunteer to be part of the Tech
Help Team?**
Also email: techhelp@ucofu.org

Newsletter Submissions due prior to Issuance the 1st of each month

Please submit your ideas, articles and photos to:

Writer/Editor: Mary Anderson @

newseditor@ucofu.org

Editing: Stephanie Sanderson

Emailing/ mailing: Ellen Eastby and Mary Anderson

Website: Ellen Eastby

Facebook: Melody Shores

Photos courtesy of Norm Kolstad & credited others.

Credited Articles

UCU Weekly:

Designed and written by Ellen Eastby

Editing by Mary Anderson



Drone Photo taken by local photographer, Steve Janssen 190906
Used with his permission and submitted by Norm Kolstad

Church Services and meetings Continue Suspended due to Corona Virus Precautions

In the midst of uncertainty, it is the UUA's strong recommendation that congregations plan for ongoing virtual gathering and operations through May 2021. This applies to worship, events, committee meetings, staff meetings, one-on-one visits, rites of passage, and more. While smaller gatherings may be able to resume sooner if conditions improve, planning for virtual operations that could continue for a full year is advisable. For full UUA details issued from President, Susan Frederick-Gray, see: [the UUA recommends congregations plan for virtual operations through May 31, 2021](#).

The Unitarian Church of Underwood's Board of Directors is considering this advice in decision making of what is best for the church. To seek input on how best to serve the membership on this and other matters, Board members will be making phone calls during the early part of June. Church chats with Board members via Zoom will be offered monthly beginning in July or August. Please relay your concerns and ideas regularly to the Board of Directors by phoning or emailing any one of them. *UCU Board of Directors: Norm Kolstad, Interim President; Shannon Smith, Interim Vice President; Mary Anderson, Interim Secretary; Ron Roller, Treasurer; Amy Beckman, Alison Francis, Tim Lanz, Wally Warhol, Mary Worner; Kris Warhol, Ex-official.*

Watch for further announcements via ucofu@ucofu.org

**Notice of Unitarian Church of Underwood Annual Meeting
via Zoom teleconferencing (see link to meeting information below)
Sunday, June 7, 2020
11:00 a.m. to noon**

(To verify voting member status, please check in 5-10 minutes prior to meeting start time)

Due to the social distancing order issued by the Governor because of COVID-19 the Unitarian Church of Underwood will hold its Annual Meeting of the Membership via teleconferencing. This 10-day notice of this year's virtual version of Annual Meeting is being provided to all voting members. You are invited to attend by:

- a) using the online tool provided by Zoom.com, see link below; or
- b) by telephone by calling the long-distance phone number provided below.

Voting members are those who have *signed the membership book and* completed any one of the following:

- participated in an activity of the congregation in the past year;
- made a recorded financial contribution since the beginning of the fiscal year;
- or expressed, verbally or in writing, a desire to remain a member."

Information Provided:

Please make yourself familiar with the information provided to get the most out of the Annual Meeting. Please use the following link to access the Agenda and other documents:

<https://sites.google.com/ucofu.org/draft-documents-for-2020-annua/home>

and www.ucofu.org/. Note: If you do not have electronic access, you may request that written copies of the documents be sent you by calling the church phone number @ 218/826-6553 or emailing ucofu@ucofu.org.

The documents included are: (*Indicates membership vote required)

- Annual Meeting Agenda
- Annual Meeting Minutes of April 14, 2019*
- Financial Report
- Budget 2020-21*
- Strategic Plan Addendum Goals and Objectives 2020-21
- Nominations Slate for Election of Board Members*
- Automated Funds Transfer Form
- Annual Reports

There are three matters requiring membership voting.

- Approval/correction of the Annual Meeting Minutes of April 14, 2019
 - Budget 2020-21
 - Election of Board Members to fill expired terms and/or vacant terms
-

Even though we are not having services in our church buildings, we have close to the same expenses. You are encouraged to continue giving by mailing your contributions to: Treasurer, Unitarian Church of Underwood, PO Box 58, Underwood, MN 56586. Or sign up for automatic funds transfer using the form enclosed and mail to same address.

We look forward to your participation at the Unitarian Church of Underwood's Annual Meeting of the Membership.

Sincerely,

Board of Directors: *Alison Francis, Tim Lanz, John Minge, Ron Roller, Shannon Smith*; Interim Board appointees: *Mary Anderson, Amy Beckman, Norm Kolstad, Wally Warhol, Mary Worner*

UCU Annual Meeting
Sunday, June 7, 11 a.m. to noon
You are invited to a scheduled Zoom meeting.

Join Zoom Meeting
<https://us02web.zoom.us/j/82026712165>

Meeting ID: 820 2671 2165

Dial In by telephone:
+1 312 626 6799
Meeting ID: 820 2671 2165

Virtual Sunday Services

Sunday services continue to be offered via Zoom video conferencing. The link is included in the ucofu@ucofu.org mailings each week. If you are a bit confused with all of this Zoom business, we have help for you. Click on the link to learn about Zoom. <http://www.ucofu.org/Zoom/Zoom.pdf>. And, we have wonderful technical support people ready to help you via email or telephone: Tere Mann, Bonnie Showers, Melody Shores, Amy Beckman and Jim Francis. You can reach them at techhelp@ucofu.org.



Coming in June

June 7 - abbreviated service and Annual Meeting of the Membership from 11:00 a.m. – Noon.

June 14 – Celebrant, Shannon Smith

June 21 – Bob Worner

June 28 – Tentative plans for joining UUA General Assembly Sunday Service live at 9 a.m.

Links to be provided. See details below.

Watch for details in your emails from ucofu@ucofu.org

Notes from May Virtual Sunday Services

May 3 - Bob Worner, "MAYDAY," addressing the 4th Principle: The goal of world community with peace, liberty and justice for all.

During World War II, if aircraft sent out a message of "Mayday; Mayday; Mayday," it signaled distress and a cry for help, and it let people know where the messengers were.

This is also a time of distress – for farmers, small businesses, restaurants, etc. It is also a time of distress about the corona virus, and lives being disrupted. On the other hand, the warming days of spring are with us. Being generous, now, can help us work toward the goal of world community with peace, liberty, and justice for all.

Attendance: 28

May 10, Mother's Day - Athena Kildegaard discussed and read from *Rocked by the Waters*, an anthology of poetry that she and Margaret Hasse recently published. The book contains 136 poems by contemporary American women reflecting on motherhood, who speak with diverse voices and styles. She read a couple of the poems which elicited smiles and were delightful.

Attendance: 37

May 17 - Ellen Eastby began her talk by sharing conversation she had seen on Facebook. One person asked, "Honest question: why do you think the United States is the only country on earth that is protesting the locked down?"

And another person responded with this:

"Because people who have never truly been oppressed are being inconvenienced for the first time in their lives and don't understand what it means to sacrifice in the name of the greater good. Individualist culture, institutionalized racism, commodity fetishism and selfishness."

Yes, we miss our friends; our families; being able to meet at UCU. (The UUA has suggested that congregations make plans to have their buildings closed for up to another year.) However, much of what we have been asked to do is really just inconvenience not real sacrifice. When we think about the actual consequences of our actions in relation to COVID, we realize they are matters of life and death.

Ellen ended with the following – "We know that casinos as well as churches are closed. When both hell and heaven are closed, you know things are very serious."

Attendance: 25

May 24 - Diane Johnson dedicated her writing shared today, "I Do Believe," to **Luke Anderson** who had introduced her to the Lake Region Writer's Network and the Fergus Falls Writer's Group. He also led the UCU Spiritual Writer's Group and it was during that time, that Diane did the writing.

In her writing, Diane described her journey from the time at seven she spent time in her grandmother's garden and felt a presence. Most of her family's religious background was as Lutherans. But still young, she saw some Native American children's art depicting the messages to go out to the woods, look up to the sky and feel the presence. She tried to share her excitement of this discovery at her Sunday school and the teacher was harsh to her. She felt humiliated. She found herself suspicious, disillusioned. Over the years, she read Joseph Campbell, Thomas Moore and many others and discovered meditation.

Ten years ago, she and Robert moved to Minnesota. She heard her aunts' voices encouraging them to attend church services. They found 37 Lutheran churches in the ads and one Unitarian. She and Robert attended UCU and heard Bob Worner, looked at each other and said, "we want to be friends with these people."

For Diane, the enchantment, magic, child's wonder survive, "standing in nature looking up to the sky...*I see you, I do believe.*"

Closing Reading:

"In a garden the soul finds its needed escape from life and its entry into a space where eternity is more evident than time and where the ritual arrangement of life is more important than the business of surviving and making progress. Time stands still or at least moves more slowly in the garden, and so even today the sundial seems more appropriate than the clock. There you will likely see the butterfly, an ancient image of the soul, and the bee, representing the kind of work the soul does - unheroic, hidden, mysterious, and sweet." - *Thomas Moore*

See the entirety of Diane's writing below.

Attendance: 33

May 31 – Celebrant, Katy Olson. Katy began by saying she is deeply alarmed and struggles to articulate what she sees happening in our world today. She feels adrift and weary and is drawing inward that she sees as empty gestures. She is happy caring for her own little corner, but it feels like she is in her safe haven while "Rome burns." It is involvement in the larger community that gives shape and meaning.

Now we are in the "Great Pause." It is an opportunity to stop and see the world; the beautify and painful truths of how we live. Pay attention to how we feel right now – it is an opportunity to decide what is important and meaningful. We have a portal; a rupture exists giving us the chance to rethink. Nothing would be worse than to return to "normal." We need to break

from the past and be ready to imagine another world. The rising up of our communities build resilience and shows us the power within. We can move forward and act from our largess and generosity; to share and change priorities. The key is to “act.”

Attendance: 33

U Groups



The Fergus Falls U Group (small covenant ministries) will continue to meet via Zoom the 3rd Thursday of each month at 6:30 p.m. The Alexandria U Group will meet via zoom June 28 @ 7 p.m. and decide then their on-going schedule. The Battle Lake/Underwood U Group will continue to meet via Zoom the 2nd Tuesday of each month @ 3 p.m. The Perham U Group is considering some summer outside gatherings and will resume regular meetings via Zoom in September. Along with the current four groups, considerations are being given to other U Groups via Zoom that are or are not geographically limited. Watch for later announcements.

When facilitating the latest Perham U Group, instead of candles Mary Worner used spring flowers for the checking in. They included blood root, scented geranium, dandelion and marsh marigold.

Continuing the Miracle of UCU Existence



Questions are the path to learning

Let's just assume that members and friends of the Unitarian Church of Underwood are unable to physically gather for another six months, a year or longer. Think about the questions: what will draw me or keep me with the Unitarian Church of Underwood?

Will the spirit and presence of the church that has miraculously existed for 131 years continue to exist? How will we find sustenance and inspiration from our church going? What is it that binds and connects us? What can I give from my wealth of life experiences, financial resources, thoughts, intellect and creative talents? Do we want the Unitarian Church of Underwood not just to exist but to thrive? How do we make this happen in this historical reality?

Over the coming months, Board members and each of us will be seeking answers and ways to meet the challenges to sustain the spirit of the Unitarian Church of Underwood; to continue to connect and support each other; closely bind together; and identify and fulfill the Unitarian Church of Underwood's mission and purpose.

Contribute by:

- Examining ourselves as to our own needs and imagining how those needs might be filled;
- Participating in upcoming monthly church chats with Board members;

- Responding to phone calls and/or emails from the Board and other members seeking feedback;
- Reaching out to each other with phone calls, email, social media and safety-precautious contacts;
- Exploring resources and our options for new pathways;
- Forming micro-communities of fellow UUs;
- Joining or forming a U-Group, the small covenant ministry groups whose members listen to and support each other;
- Looking to larger – and smaller UU churches for their ideas and ways of overcoming today's challenges;
- Holding fast to our UU Principles and quests for common meaning.

We are all in this together. Stay safe and healthy. *Mary Anderson, News Editor and Interim Board Member*

See also: <https://youtu.be/OuAKQXagwms>

Hope 

by Vaclav Havel

Hope is a state of mind, not a state of the world

Either we have hope within us or we don't.

Hope is not a prognostication – it's an orientation of the spirit.

You can't delegate that to anyone else.

*Hope in this deep and powerful sense is not the same as joy when things are going well,
Nor the willingness to invest in enterprises that are obviously headed for early success,
But rather an ability to work for something to succeed.*

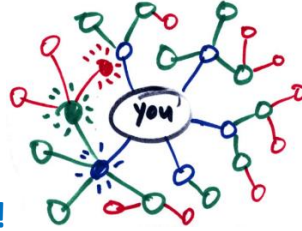
Hope is definitely NOT the same as optimism.

It's not the conviction that something will turn out well,

But the certainty that something makes sense, regardless of how it turns out.

*It is hope, above all, that gives us strength to live and to continually try new things, even in
Conditions that seem as hopeless as ours do, here and now.*

*In the face of this absurdity, life is too precious a thing to permit its devaluation by living
pointlessly, emptyly, and without meaning, without love, and finally, without hope.*



Connect!

Here's Some Suggestions to Continue to Keep Healthy and Sane....

Nature's Healing in Stressful Times

by Joan Vorderbruggen (Certified Nature and Forest Therapy Guide)

By now, most of us are probably more than weary of hearing about the extent of the virus and how it will continue to alter our lives, our plans, and our future. Whatever our experiences have been thus far on this Great Pause or Reset, we in this part of the state are fortunate to have access to a very powerful source for comfort and enhanced wellbeing: an abundance of places and opportunities to make nature connections. By simply being mindful, noticing with expanded awareness and open senses, and breathing deeply when gazing, standing, or sitting in a natural setting, we can begin to slow our heart rate and anxious thoughts. The more time we can intentionally be present in nature, the better it is for reducing high blood pressure, reducing our cortisol (stress hormone) level, and even increasing our body's immune system. Could there be anything more appropriate for what we need right now?

Any bit of nature will do - a potted houseplant, a backyard, a local park, or lake. Otter Tail County is home to two wonderful state parks: Glendalough and Maplewood. Both parks sit on the edge of diverse ecosystems of prairie, hardwood forests and lakes, making them extra attractive habitats for wildlife, birds, and humans. State Parks are meant to be accessible to everyone for a minimal cost. For only \$35 you can purchase a year-long entry pass (a window sticker) that allows (and encourages) access to all 75 of Minnesota's state parks and recreational areas.

The parks have been seeing higher numbers of attendance this spring, as people are instinctively drawn to the fresh air, outdoors and beauty in this time of blossoming, birthing, and awakening. With the Governor's Covid-19 orders, the parks may currently have limited facilities for camping and group use, though regular toilet buildings and grounds are maintained in most of them. As of June 1st, Glendalough is opening their "rustic" camping facilities, if you're looking to immerse yourself in a longer nature fix. There is ample room to spread out and find a spot to sit quietly, join a small group (10 or less) for a picnic, bike ride, paddle, or hike. Visiting during the weekdays, especially early morning or evenings, will probably mean even more space to yourself. State parks allow tended and leashed dogs, so four-legged companions are welcome.

With the additional stress that most people are experiencing right now, it is important to find places that provide a greater sense of wellbeing. At the same time, there is no better moment to be kinder and gentler to each other and to the earth. When outdoors practicing our own

form of nature connection, we need to be extra cognizant and courteous to all who are in those same places seeking their own comfort. Nature is the greater web in which we are all a part of, a place we can come home to, especially in times when we need to feel connected.

If you are interested in going deeper into a nature connection, please visit my website post @ <https://bircheart.com/journal/nature-s-health-and-healing-in-stressful-times>. Within the post you will find a written description and a guided audio link to a forest bathing (nature therapy) invitation. This is just under a half an hour in length - only a portion of what a typical forest bathing guided walk is - but is designed to help you get out of your head to connect with your senses and with the healing of the natural world.



Contributed by Glenn Fritsche, Willmar UU

Connect to UU MidAmerica Region Webinars

The Unitarian Universalist Association (UUA) and MidAmerica Region are providing many ideas and resources to UU congregations to stay connected and sustain. Check out some of their webinars:

https://www.uua.org/midamerica/events/webinars?mc_cid=cbc6a1915c&mc_eid=08669689ec

All webinars require registration. Registration will close at Midnight (Eastern) or 11:00 PM (Central) on the day before the scheduled webinar or if the webinar reaches its registration capacity. We will send an email with the Zoom number the day of the event. If you miss the live webinar you can find videos of previous webinars below at the web address above.

1. Virtual Circle Process

This webinar will build your experience in having deep conversation in a virtual format utilizing Circle Process. If you are leading any kind of virtual group discussion, this webinar is for you!

Resources: <https://sites.google.com/uua.org/circles-rounds/home>

Presented by Nancy Combs-Morgan and Phil Lund

2. How to Host a Virtual Game Night

Just because we're social distancing doesn't mean we can't have fun! This webinar will give you all the information you need to host a Virtual Game Night for your congregation. Topics will include: using Zoom video conferencing features like polling and break out rooms and the best games to play online. Hosted by Phil Lund and Sharon Dittmar

3. How to Do Small Group Online Gatherings

Recently we have heard people say “we will have to cancel our covenant groups.” Not so! Small groups of all kinds can still meet online. Covenant groups can continue, as can a variety of new congregational online groups – art groups, game groups, story groups. Join us for a webinar to explore how your community can stay connected while we are all at home. As always we welcome your input and suggestions about online congregational groups you love!

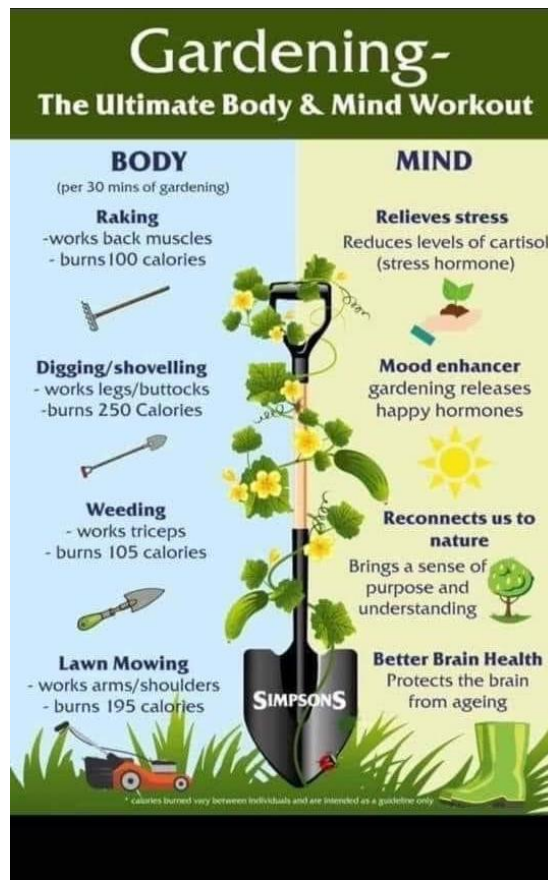
Facilitated by Phil Lund and Sharon Dittmar

For more information contact midamerica@uua.org.

Join the Unitarian Universalist Small & Mighty Congregations Public Group |

Facebook: <https://www.facebook.com/groups/176323625876713/>

If an idea above appeals to you, go for it!



June 2020 Health Note from The Welcome Place



It's time for the annual reminder for summertime Food Safety. Even if our gatherings are supposed to be limited to 10 participants, having 9 of them get a stomach "bug" still would not make for pleasant memories.

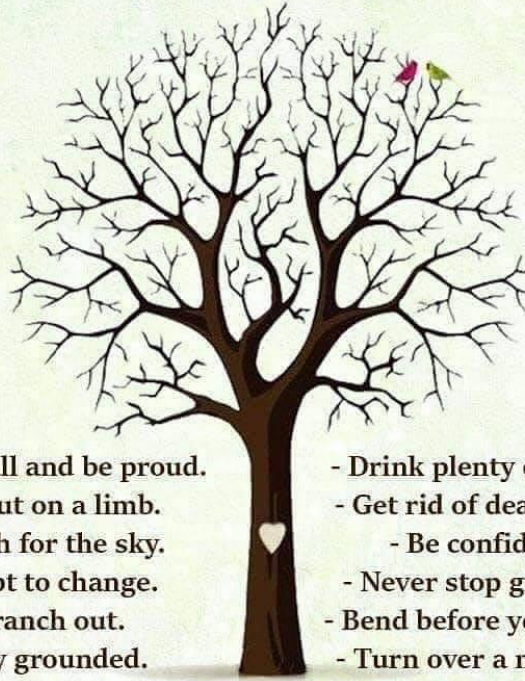
The Minnesota Department of Health has many hints on their web site for ways to keep safe when people, summer, and food are involved.

Some of their hints include :

- Plan ahead and limit food to prevent leftovers.
 - Use shelf stable food.
 - Wash fruits and vegetables before leaving you house.
- Bring hand soap and disinfectant and disinfectant wipes, as well as bottled water if none is available.
 - Pack safely. Use a cooler with ice or freezer packs.
 - Keep raw food separate from cooked or ready to eat foods.
 - Pack food in tight, waterproof containers.
 - Clean and separate. Wash hands and surfaces often.
 - Don't use the same platters and utensils for raw meat and cooked meat.
 - Cook and Chill. Meat should be cooked to a temperature to kill any germs. Use a thermometer, especially one with the correct temperatures on it for various meats.
 - Keep hot foods hot and cold foods cold. An idea is a child's small swimming pool packed with ice to set salads on.
 - Discard any food that has been left out for more than 2 hours (or 1 hour if the temperature is above 90 degrees).
 - Avoid opening a cooler repeatedly so that foods stay cold longer.

After this challenging spring, everyone is looking forward to summer activities, as many as can be scheduled. Let us keep food safety in mind to prevent other illnesses! *Katherine Jordahl, RN*

Advice From A Tree



- Stand tall and be proud.
- Go out on a limb.
- Reach for the sky.
- Adapt to change.
- Branch out.
- Stay grounded.
- Remember your roots.
- Drink plenty of water.
- Get rid of dead wood.
- Be confident.
- Never stop growing.
- Bend before you break.
- Turn over a new leaf.
- Enjoy the view.

Photos contributed by Glenn Fritsche of the Willmar UU

Mother's Day

May 9, 2020

Heather Cox Richardson from Letters from an American

[<heathercoxrichardson@substack.com>](mailto:heathercoxrichardson@substack.com)

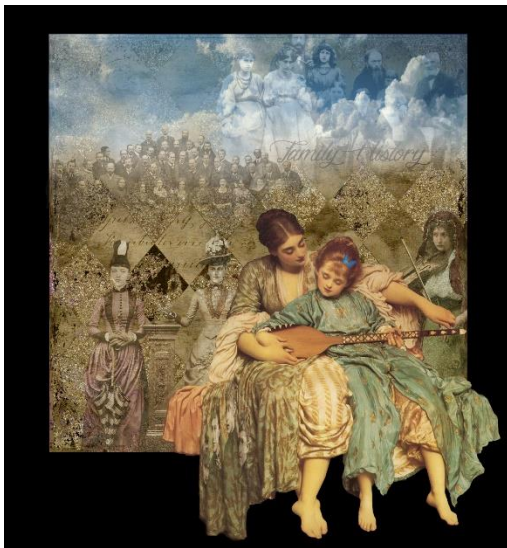
Submitted by Sandy Barnhouse

If you google the history of Mother's Day, the internet will tell you that Mother's Day began in 1908 when Anna Jarvis decided to honor her mother. But "Mothers' Day"—with the apostrophe not in the singular spot, but in the plural—actually started in the 1870s, when the sheer enormity of the death caused by the Civil War and the Franco-Prussian War convinced American women that women must take control of politics from the men who had permitted such carnage. Mothers' Day was not designed to encourage people to be nice to their mothers. It was part of women's effort to gain power to change modern society.

The Civil War years taught naïve Americans what mass death meant in the modern era. Soldiers who had marched off to war with fantasies of heroism discovered that long-range weapons turned death into tortured anonymity. Men were trampled into blood-soaked mud, piled like cordwood in ditches, or transformed into emaciated corpses after dysentery drained their lives away.

The women who had watched their men march off to war were haunted by its results. They lost fathers, husbands, sons. The men who did come home were scarred in body and mind. Modern war, it seemed, was not a game.

But out of the war also came a new sense of empowerment. Women had bought bonds, paid taxes, raised money for the war effort, managed farms, harvested fields, worked in war industries, reared children, and nursed soldiers. When the war ended, they had every intention of continuing to participate in national affairs. But the Fourteenth Amendment, which established that African American men were citizens, did not include women. In 1869, women organized the National American Woman's Suffrage Association and the American Woman's Suffrage Association to promote women's right to have a say in American government.



From her home in Boston, Julia Ward Howe was a key figure in the American Woman's Suffrage Association. She was an enormously talented writer, who had penned The Battle Hymn of the Republic in the early years of the Civil War, a hymn whose lyrics made it a point to note that Christ was "born of woman." Howe was drawn to women's rights because the laws of her time meant that her children belonged to her abusive husband. If she broke free of him, she would lose any right to see her children, a fact he threw at her whenever she threatened to leave him. She was not at first a radical in the mold of reformer Elizabeth Cady Stanton, believing that women had a human right to equality with men. Rather, she believed strongly that

women, as mothers, had a special role to perform in the world.

For Howe, the Civil War had been traumatic, but that it led to emancipation might justify its terrible bloodshed. The outbreak of the Franco-Prussian War in 1870 was another story. She remembered:

"I was visited by a sudden feeling of the cruel and unnecessary character of the contest. It seemed to me a return to barbarism, the issue having been one which might easily have been settled without bloodshed. The question forced itself upon me, "Why do not the mothers of mankind interfere in these matters, to prevent the waste of that human life of which they alone know and bear the cost?"

Howe had a new vision, she said, of "the august dignity of motherhood and its terrible responsibilities." She sat down immediately and wrote an "Appeal to Womanhood Throughout the World." Men always had and always would decide questions by resorting to "mutual murder." But women did not have to accept this state of affairs, she wrote. Mothers could command their sons to stop the madness.

"Arise, women! Howe commanded. Say firmly: "We will not have great questions decided by irrelevant agencies. Our husbands shall not come to us, reeking with carnage, for caresses and applause. Our sons shall not be taken from us to unlearn all that we have been able to teach them of charity, mercy and patience. We, women of one country, will be too tender of those of another country, to allow our sons to be trained to injure theirs."

Howe had her document translated into French, Spanish, Italian, German, and Swedish, and distributed it as widely as her extensive contacts made possible. She believed that her Women's Peace Movement would be the next great development in human history, ending war just as the anti-slavery movement had ended human bondage. She called for a "festival which should be observed as mothers' day, and which should be devoted to the advocacy of peace doctrines" to be held around the world on June 2 of every year, a date that would permit open-air meetings.

Howe organized international peace conferences and American states developed their own Mothers' Day festivals. But Howe quickly gave up on her project. She realized that there was much to be done before women could come together on such a momentous scale. She turned her attention to women's clubs "to constitute a working and united womanhood."

As she worked to unite women, she threw herself into the struggle for women's suffrage, understanding that in order to create a more just and peaceful society, women must take up their rightful place as equal participants in American politics.

Perhaps Anna Jarvis remembered seeing her mother participate in an original American Mothers' Day when she decided to honor her own mother in the early twentieth century. And while we celebrate modern Mother's Day in this momentous year of 2020, it's worth remembering the original Mothers' Day, and Julia Ward Howe's conviction that women must make their voices heard.

As referenced in Wikipedia: In America, we celebrate Mother's Day in May. In June, we celebrate Father's Day, a day of honoring fatherhood, paternal bonds, as well as the influence of fathers in society. In Catholic countries of Europe, it has been celebrated on March 19 since the Middle Ages. This celebration was brought by the Spanish and Portuguese to Latin America, where March 19 is often still used for it, though many countries in Europe and the Americas have adopted the U.S. date, which is the third Sunday of June. It is celebrated on various days in many parts of the world, most commonly in the months of March, April and June according to the home nation's customs. It complements similar celebrations honoring family members, such as Mother's Day, Siblings Day and Grandparents' Day.



Father's Day started in the early 20th century in the United States to celebrate fatherhood and to complement Mother's Day. It was first celebrated on June 19, 1910 in Spokane, Washington

at the YMCA by Sonora Smart Dodd. She had heard about Mother's Day in 1909 and told her pastor she thought fathers should have a similar holiday. *Mary Anderson, News Editor*

Living our UU Principles

I DO BELIEVE – A PERSONAL SPIRITUAL JOURNEY

By Diane Johnson, dedicated to Luke Anderson

Do you remember when Tinkerbell was dying, and Peter called out for everyone to clap and chant – “I DO believe in fairies” and it was our collective faith that allowed Tink to continue to exist? Yes. I clapped. And yes. I'll admit it. I do believe.

Maybe not specifically in Uncle Walt's pixie who supposedly sets off the fireworks over the Magic Castle at Disneyland each evening, or even in the original and enchanting creation by J.M. Barrie. They belong to someone else's fantasy.

But my belief system began in the garden. Under the arching branches of my grandmother's



fuchsia where I sat, pulling out all but two of a blossom's stamens to fashion faery ballerinas. They twirled and whirled and I believed. Not just in the dancers, but in the presence of magic and the essence of spirituality. There were spirits in the garden.

There have always been spirits in my gardens. I can feel their presence as I work among the bee balm and goldenrod. As I weed about the thicket. Just out of sight, around the bend, down the path.

Call it an electromagnetic force field. Call it the presence of mystery, angelic visitation, kinetic energy, pure craziness, or even religion. And before I'm judged to be on the fey side of loony, I would guess that it isn't such a far-flung fancy for many of us to have experienced at some time or other – in church, in nature, in a garden – a presence.

Most Scandinavians, particularly those who grow up in the upper mid-west, are Lutherans. Even though I grew up in California, we were basically Lutheran until we went to the local Presbyterian Church for a time. And that was because it was just a few doors down on the corner and I liked to hang out with Reverend Hudson who had a lovely Victory Garden by the side of the church and my best friend, Peggy, was a member and we were in Sunday School and children's choir together. And it didn't hurt that I won the essay contest one year for writing the best piece on “What Love Means” and got a silver dollar from Reverend Hudson who read my piece out loud at the big service. And Georgia Higgins had a hissy fit because she thought she should have won. I don't remember what I wrote, but I still have the silver dollar. But eventually we were back at Our Savior's where the ladies made lefsa at Christmas and I tried to fit in.

When I was seven or there-abouts we visited family friends who lived up a canyon near the San Juan Capistrano Mission in Southern California. I was in awe of the magic I saw there - trailing paths beneath lush trees amid walk-through aviaries filled with birds of many colors, a splendid old redwood lodge with curving stairs and sculpted doorways and a central hall enhanced with the artwork of native American children of the local tribe, who still resided near the mission and were regularly hosted by our friends who explained to me that the children drew pictures of nature and said that it was "God." And that these children had been taught by their elders to be appalled at the people at the mission who went indoors and bowed down to worship their god. They believed and were taught that they must go out among the fields and into the woods, standing tall, looking upwards, raising their hand and hearts to the heavenly sun and the rain. Feeling the presence.

I was stunned. And my seven-year-old epiphany seemed enormous. It became so big in my mind, in fact, that I could think of nothing else all the way home. And I couldn't wait to get to Sunday School and reveal this new truth, and of course, at that age, I didn't think in terms of Evangelical Enlightenment or Divine Revelation – but simply that I had something so momentous and exciting to tell. So when the time came I wiggled in my seat, as I remember, and my hand shot up and I stood and took a deep breath and told with all of my being – this new and thrilling idea and even, I fear, suggested we try it!

Given a more enlightened Sunday School teacher it could have been a teaching opportunity, at the least, and a spiritual "opening" at best. Instead I was made to feel humiliated, confused, and embarrassed by my "misplaced audacity". Needless to say, it was the time of my first immense life disillusionment, and I was left suddenly a bit suspicious of the whole religious experience.

Thus began my journey through stages of childish disdain and early on-set atheism, followed by adult fascination with existentialism (yes "it's all ridiculous" but I could and should keep rolling that rock up the hill, no matter the consequences!) Finally through the works of my personal touchstone and guide, Joseph Campbell and other writers – Thomas Moore in "Care of the Soul" and "The Re-Enchantment of Everyday Life" and most recently – "Riting Myth, Mythic Writing" by Dennis Patrick Slattery, who I was fortunate to experience in person at a weekend writers retreat.

And I always persevered. In my youth I even tried Catholicism for a time because it seemed so serious and sure of itself and steeped in history, although ironically it represented those very same Catholics who worshipped with bowed heads at the San Juan Capistrano Mission. But at some crucial juncture I discovered meditation and my life since young adulthood has been influenced by a wide range of esoteric thought and practice ever since. Even to the point of first, studying with the International Arcane School and then helping to guide other students through their New York and London headquarters.

When we first moved to Minnesota 10 years ago, in order to retire amidst my familial home base, I teasingly said to Robert – “You know, Aunt Lil and Aunt Lilah might have a hissy-fit if they discover we don’t attend services.” He sighed but, surprisingly, agreed to address the issue, and as we were too far from the family church, Shepard of the Prairie Lutheran in Hickson, North Dakota, we looked in the Fergus Falls phone book and discovered that there were 37 Lutheran churches listed! But then he exclaimed – “Wait a minute – here’s a Unitarian one!”

So it was that the very next Sunday we arrived in Underwood (a bit late as I got the times wrong) and sat in the back as Bob Worner addressed the congregation, topping off with a question and answer period, allowing the congregates to dialog. It was at that point, that we looked one another and knew, if nothing else, we wanted to be friends with these people. And we were!

But basically, my spiritual journey always takes me back to that place in my grandma’s garden, reaffirming my belief in the reality of enchantment and magic and beyond that, the dynamic benefit of allowing a child’s sense of wonder to survive and flourish and inform. To stand in nature looking up to the sky.

I started out hearing the voices and seeing the beings under the fuchsia bush and beyond. And even through the disillusionments, even after having my childish enthusiasm dashed to bits of embarrassment at an early age, for whatever reason, I never truly turned off the enchantment.

I see you. I do believe!

Flower spirit photos from Tere Mann who remembers making these as a child with her aunts.



Excerpts from Julia Nerbonne, Executive Director, Minnesota Interfaith Power & Light

I write to you with profound anger and sadness following the horrific murder of George Floyd by the Minneapolis Police. Mr. Floyd was a beloved father, brother, neighbor, and guard for a local homeless shelter.

At MNIPL, we are committed to building a world in which care for the earth and care for one another are intertwined. We work towards climate justice because we believe all

beings deserve a thriving, life-giving environment, and because we strive to preserve our planet for generations to come. The violence of white supremacy strikes at the core of our hopes and dreams, and it withers our work towards a healthy and sustainable planet. None of us can flourish when our neighbors are being murdered by police and harmed by the racist systems that surround us.

Let us be clear – the pain we are experiencing right now in Minneapolis is born from the violence of white supremacy, and from hundreds of years in which Indigenous, Black, Brown and POC communities have suffered under an unbearable system. We condemn the Minneapolis Police Department's escalation of violence, and we hold those in the center of the conflict in our hearts. Across the street from the 3rd precinct, we are relieved that while Gandhi Mahal Restaurant and our Climate Movement Annex sustained some damage, the building was spared from fire and still stands.

George Floyd's life mattered. We believe that right now, the best way to honor his life is to take meaningful and peaceful action. We encourage you to join us, and we call on communities of faith and spiritual practice across Minnesota to join the movement for justice for Mr. Floyd.

Here are a few concrete suggestions:

1. **Phone a friend.** Take ten minutes and have a conversation with someone you know about police violence and George Floyd's murder. Ask what the other person thinks, listen to their responses, and share your own perspective.
2. **Phone a decision-maker.** Hennepin County Attorney Mike Freeman will decide whether or not the officers who killed George Floyd are charged with a crime. Call Attorney Freeman at 612-348-5550 and demand that he press charges against all officers involved with the incident.
3. **Donate** to the George Floyd [Memorial Fund](#).
4. **Support front-line organizations** who are leading work on the ground: [Black Visions Collective](#), [Reclaim the Block](#), [Minnesota Freedom Fund](#), [CTUL](#), [COPAL](#), [Black Lives Matter Minneapolis](#), [NAACP Minneapolis](#), [Voices for Racial Justice](#)
5. **Read and educate yourself.** MPD150 has released a thorough and insightful [report](#) asking us to imagine a different relationship to policing as a society. Join in the discussion.

Thank you for meeting this moment with significance and care. We are so grateful to be connected together in community and in our shared movement for climate justice.

Remember: Love is Not Cancelled

We Are Part of the Larger UU

LOVE RESISTS

Beloved Unitarian Church of Underwood,

As the pain and grief of centuries of violence without justice find their expression, let us remember the Rev. Dr. King's words: "America must see that riots do not develop out of thin air. Certain conditions continue to exist in our society which must be condemned as vigorously as we condemn riots. But in the final analysis, a riot is the language of the unheard. And what is it that America has failed to hear?"

This week, we heard about Amy Cooper. And then George Floyd. And then Tony McDade...

All of this just weeks after we heard about the murders of Breonna Taylor and Ahmaud Arbery. Weeks after a series of armed white militias confronted local police at state capitols across the country without consequence, without arrest--and without death.

We also continue to reckon with hearing that over 103,000 human lives have been lost from the coronavirus pandemic--a virus which has had a disproportionate impact on the Black community.

Do we hear that "Enough is Enough?" Do we hear the cries of resistance in this moment stating that each of us is worthy, and all of us have dignity?

It is critical that we respond to this hearing with action. We must do more than say the names of those whose lives have been taken by racialized violence. We must do more than name the systems of white supremacy and capitalism that wage violence against our black siblings.

As people of faith, we must bear witness to this moment. That means that we must name hard truths, but that we also must act.

Here are three concrete things all Unitarian Universalists and people of faith and conscience can do right now in response to this moment:

[Support the uprising and commit to joining other UUs in working to combat the violence of militarism and the police state:](#) Share this message widely with your networks. Speak about your convictions in support of Black liberation. Articulate

your support of Black organizing, grounded in your faith and conscience. Have hard conversations with your family, your social networks, your neighbors. And [sign up at this link](#) to be connected with a network of UUs committing to learning, reflecting, and acting together.

Support the front line organizers providing leadership: Give your money, ask others to give, and take up a collection at this Sunday's service in support of organizations like [Black Visions Collective](#), [Reclaim the Block](#), and [Minnesota Freedom Fund](#).

Learn more & take action: [Join the Movement for Black Lives National Call in Defense of Black life](#).

In solidarity,

The Love Resists Team



Special Announcement Unitarian Universalist Association

Excerpts from messages from Rev. Susan Gray-Frederick, Association President

May 30, 2020

"People of faith, particularly those of us who are white progressives, need to combat the systems of criminalization in our country. Systems of policing and criminalization in this country are inherently violent, steeped in and created to reinforce white supremacy, anti-blackness, and racialized control."

President Reverend Dr. Susan Frederick-Gray

May 2020

Dear Unitarian Church of Underwood,

We have a big experiment coming up for the Unitarian Universalist Association and that is our first ever Virtual General Assembly (GA) – our annual gathering of UUs from across our congregations and across the world – happening June 24-28! I invite you, as leaders in your congregation, to register for virtual GA and to share the invitation with your congregation.

Here's the schedule: https://www.uua.org/sites/live-new.uua.org/files/2020_grid_east.pdf

[Register for Virtual General Assembly](#)

Also, I invite your congregation to make GA Sunday Morning Worship your service on June 28. The Rev. Joan Javier Duval, minister of the Unitarian Church of Montpelier, Vermont, is leading the service, along with the Rev. Mykal Slack, Community Minister for Worship and Spiritual Care for Black Lives of Unitarian Universalism (BLUU), and Benjie Messer, Music Director at the UU Congregation of Phoenix who will lead the over 140 member virtual choir! I've also been told that Ysaÿe Barnwell and Emma's Revolution will perform during the service.

While I will dearly miss being in person with thousands of Unitarian Universalists, I am excited about the opportunity virtual GA offers for more people to be a part of the conversations, inspiration, and connection of GA. We are definitely learning as we go. Trying to pull off a large-scale virtual event in such a short time, in the midst of a global pandemic, is an enormous lift. So I remember my own words: “Perfection is not the goal.” Connection, community, spiritual growth, love, and justice – these are the values that guide us and bring us together.

I hope you and your congregation will participate in new ways through the new opportunities available at this year’s virtual General Assembly.

Yours in community,
Susan

P.S. The UUA Board of Trustees is hosting webinars on [What to Expect at GA 2020](#).

P.S.S. The Sunday morning GA worship will include a Community COVID Memorial. If you have lost someone to COVID-19, and would like to have their name honored during this service, please send your loved one’s name, UU congregation (if any) and age (if known), no later than June 20th to gacovidmemorial@gmail.com.

Note: If interested as serving as a UCU delegate to GA, please contact Norm Kolstad, Interim Board President @ President@ucofu.org.

Message from Susan from April 2020

Dear Unitarian Church of Underwood,
What is giving you comfort, courage, and compassion these days? How are you caring for your well-being and resilience?

Two weeks ago, it became clear to me that my normal spiritual practices were not cutting it. I felt so worn down. I had a longing for more time to be present to the emotional realities all around me. I realized I was compartmentalizing my grief and fear – putting it away in order to stay focused on tasks at hand. While this strategy works in the short term, I’ve learned if I don’t make time to return to the pain I set aside, it finds its way in – generally as exhaustion, short-temperedness, forgetfulness, even depression.

This week marked 50 days that my family and I have been sheltering-in-place with the exception of infrequent trips to the grocery store and walking the dog. The adrenaline of the urgent transitions of the beginning of the pandemic is giving way to the grief over the loss of loved ones, the pain of distance, the fear of what is to come, the anger at the mismanagement of the crisis at the highest levels, and a weariness that comes with understanding we will have to live with social distance and virtual community for a long time.

If you are weary, prickly, exhausted, angry – you are not alone. This is a time when care and compassion are primary – and that includes offering it to ourselves. As leaders, we too need extra compassion and care. We too need time to do things to nurture and replenish our spirits – even if that means time to do nothing at all. As Maya Angelou writes:

We need joy as we need air.

We need love as we need water.

We need each other as we need the earth we share.

It's easy to feel anxious and overwhelmed at this time. Remember that you are enough and that rest and joy are essential for resiliency. They are a source of our creativity and compassion. And just as others are in need of compassion, so are you. As staff and lay leaders of communities, making time to tend to your own well-being is necessary so that you have the capacity to be compassionate and caring to others, particularly as others are weary and quick to criticism and sharpness.

Recognizing this need in my own heart, mind and body, I've lengthened my time for morning meditation to make more space to feel and to be attentive to all that is in my heart. I've pulled out poems that make me smile and remember the beauty and joy in life. And I've started listening to more music and singing aloud to my favorites. I'm also trying to teach our dog to dance. It's not going well, but it is getting me to dance!

In these difficult and painful times, we need joy. Joy is life-saving. Joy helps nurture our resilience. Above all, I pray you are making time to care for your well-being because you are a good gift. You are valuable, needed and loved. Taking care of yourself matters.

Yours in love and care,

Susan

Care for Self: Spiritual Care & Mental Health Resources

["Pandemic" \(video\)](#), a poem by the Rev. Lynn Ungar

["We Cannot Escape One Another,"](#) an exquisite reflection by the Rev. Manish Mishra-Marzetti from the UUA's [Braver/Wiser](#) weekly messages of courage and compassion.

Get [Yes to Life](#) by Viktor E. Frankl, a series of lectures on meaning and resilience delivered after Frankl was liberated from Nazi concentration camps.

Mental Health Resources

Mayo Clinic Q&A Podcast: [Managing stress and anxiety during COVID-19 pandemic](#)

National Alliance on Mental Illness's [COVID-19 Resource and Information Guide \(PDF\)](#)

Crisis Text Line: [Text HOME to 741741](#)

UU Church of the Larger Fellowship

Quest for Meaning is a ministry of the **Church of the Larger Fellowship (CLF)**, a Unitarian Universalist congregation without walls. Our thousands of members, 900 of whom are currently incarcerated, live all over the world. We are religious professionals and their families, elders and homebound, nondenominational seekers and engaged UU lay leaders. What brings us together is the desire to connect, seek, share and grow. You are welcome here whether you are a CLF member or not. Take your time, get to know us.

<https://www.questformeaning.org/welcome/about-us/>

Unitarian Church of Underwood

BOARD OF DIRECTORS

APPROVED MINUTES

April 15, 2020 - Board Meeting

[This Board meeting was an online meeting using Zoom. All of those in attendance participated through Zoom and from a remote location. This meeting was not a regularly scheduled meeting. It was scheduled because the coronavirus pandemic resulted in the cancellation of the March Board meeting and the Annual Meeting scheduled for April 19, 2020.]

Board members present: Tim Lanz, Bob Worner, John Minge, Shannon Smith, Connie Stigen, Alison Francis, and Ron Roller

Board member absent: Kris Warhol

Others in attendance: Church administrative employee Bonnie Graham & Bookkeeper, Tere Mann; Mary Worner, Mary Anderson, Wally Warhol, and Norm Kolstad

The meeting was called to order at 5:40 p.m. by Board Vice-President Darryl Booker.

1. Darryl opened the meeting with a reading.
2. Shannon explained some the protocols to be adhered to in this Zoom meeting. Politeness and not talking over or interrupting others were two basic guidelines. Additionally, Board members were to be given a chance to address agenda items before non-board participants. Finally, roll-call voting was to be used on all votes. [NOTE: All voting that took place at this meeting was by roll call.]
3. The agenda was approved after the addition of three items: (1) to discuss how to proceed with and how to structure the annual meeting, (2) to elect interim Board members (if the Board decides to conduct such an election at this meeting), and (3) to reaffirm of a recent Board email vote regarding the “Connections Task Force” . (Ron/Connie)
4. Approval of Board Minutes. The approval of the minutes of the last Board meeting—the February, 2020, Board meeting—was tabled until the next Board meeting because not everyone had had a chance to review said minutes.
5. Treasurer’s Report. Ron had provided everyone by email and prior to the meeting with copies of the balance sheet for the fiscal year ending on March 31, 2020, the profit and loss statement for the same period of time, and the proposed budget for the fiscal year beginning on April 1, 2020. The reports show that the investments of the Church have recently lost value because of the coronavirus pandemic and that the Church ended the fiscal year “in the red” because of that lost value. Ron said that he would like to apply for a debit card to be used by the Treasurer and the President of the Board. A motion approving such an application was approved. (John/Alison) Ron then suggested that the topic of online giving to the Church should be considered. That topic will be discussed further at a later meeting. Finally, Bonnie suggested that the Board consider applying for a “PPP” loan to cover payroll. (Such a loan is part of the federal efforts to respond to the pandemic.) There was some brief discussion of this suggestion. Some Board members had reservations regarding such an application. Some thought it should be discussed further. This topic was tabled until the next Board meeting.
6. Proposed Budget. As noted above, Ron had provided prior to the meeting all Board members with a copy of the proposed budget for the fiscal year beginning on April 1, 2020. This budget was presented to the Board for its consideration and approval. The budget will then be passed on to the congregation for its consideration and approval at the annual meeting (which was canceled and is to be rescheduled). This proposed budget shows a net loss for the new fiscal year of about \$4,000. Ron highlighted the main features of the proposed budget and pointed out that it was prepared before the impact of the pandemic was known to the committee that prepared it. The proposed budget was approved. (Ron/Shannon)
7. Empowerment Grants. Ron reported that grant applications for the fiscal year just ended totaled \$24,000. Grant applications totaling \$10,000 were approved. (John/Alison) This money will not be disbursed until the contracts with the grantees have been signed and returned.
8. Strategic Plan. Shannon provided the Board members by email and prior to the Board meeting with the annual update to this five-year plan. This update is in the form of an

“addendum” and will be attached to the current five-year plan and thereby incorporated into said plan. The Addendum received several positive comments and was approved by the Board. (Tim/Shannon)

9. Employee Personnel Policy Language. This item was tabled as nothing has been provided to the Board for its consideration.
10. Children’s RE Instructor. This item was tabled as the discussion regarding hiring someone to take over Children’s RE has been interrupted by the pandemic.
11. The UCU Connections Task Force. This Task Force was formed for the purpose of reaching out to congregation members during the “shelter at home” arrangement that has resulted from the pandemic. This Task Force has already been approved by an electronic email vote. A motion to reaffirm that email vote was made and seconded. (Shannon/Ron) The motion passed.
12. Revision of the Church Articles and By-Laws. The Records Committee discovered during its work (which is ongoing) that the Articles and By-Laws need some work—in part because of some inconsistencies. The Records Committee has suggested that it be assigned the duty of addressing this issue. Shannon said that the Addendum to the strategic plan addressed this. That ended the discussion of this topic. [NOTE FROM THE UNDERSIGNED: The question of how the Addendum addressed the issue did not come up. I have since looked at that part of the Addendum. I don’t know that everyone would agree that the Addendum includes an instruction from the Board specifically authorizing and directing the Records Committee to follow up. I think that the strategic plan and the Addendum are more aspirational in nature than directives from the Board. So, I’m not sure that the Board has actually told the Records Committee to follow through. As this has been a bit of a sensitive issue, I think that the Board might want to look at this again at the next Board meeting to make sure that it wants to have the Records Committee follow through with this or have some other committee do so. I do know that the Records Committee is willing to do it and has, in fact, already started to do so. I also know, as a member of that committee, that it is reluctant to move forward without a clear directive from the Board to do so.]
13. Election of New Board Members. John explained why he thought that it was necessary to proceed with the selection of new board members at this time when the Church schedule has been interrupted and muddled somewhat by the pandemic. The annual meeting—scheduled for April 19—has been postponed to a later date (and not yet rescheduled as of the April 15 Board meeting). In normal times, new Board members are elected at the Annual Meeting which (at least in recent years) takes place in April. The suggestion that has been made is that we follow the following procedure:
 - a. Step #1: Replacement Board members be appointed (through a vote) at today’s Board meeting. They would serve on an interim basis only. They would serve only until the congregation at the upcoming annual meeting elects permanent Board members (who wouldn’t necessarily be the same as the interim Board members). If such a vote takes place, the Board members whose terms have (or are about to) expire or who have already left the Board will no longer be on the Board.

- b. Step #2: At the next Board meeting (and probably but not necessarily) before the annual meeting, the Board (which now includes some interim members) would elect new officers. These new officers would also serve on an interim basis only.
- c. Step #3: At the annual meeting, the congregation would elect new Board members to take the place of the interim board members.
- d. Step #4: At the first Board meeting following the annual meeting of the congregation, the new full Board (which now no longer has any interim members) would elect its new permanent officers.

The Nominations Committee has already presented a slate of candidates to fill five Board vacancies. The five nominees are Norm Kolstad, Mary Anderson, Wally Warhol, Mary Anderson, and Amy Beckman. There were no additional nominations from any of those in attendance at the April 15 Board meeting. The proposal as described above was discussed by the Board. A motion (a) incorporating that proposal and the process that it entails and (b) electing on an interim basis the five nominees for Board membership passed. (John/Alison)

14. The Annual Meeting. The biggest issue regarding this meeting seems to be how to hold the Annual Meeting when the Church members cannot assemble in one place for the meeting. There are three issues— maybe more—that have to be dealt with at the Annual Meeting. They are (1) approval of the proposed budget for the new fiscal year. (2) election of the permanent new Board members, and (3) approval of the minutes for the Annual Meeting that was held in April of 2019. The manner in which this meeting is to take place will be considered by an ad hoc committee consisting of Ron, Mary Anderson, Norm, Tere Mann, and Bonnie Graham. That committee is open to the suggestions that come from others not on the committee.

The meeting was adjourned by Darryl at 8:00 p.m. The next Board meeting will be held on May 6, 2020, at 5:30 p.m. It will be done electronically—i.e., by Zoom.

Respectfully submitted this 20th day of April, 2020, by

John Minge, Secretary