



Unitarian Church of Underwood August 2014 Newsletter

The Unitarian Church of Underwood is a welcoming community of diverse people where our celebration of life and common search for meaning bind us together.

Coming up in August Sunday morning service begins at 9:30 a.m.

August 3 – Bob Worner, Conscience and the Democratic Process (Note: Bernice Johnson will be rescheduled).

August 10 – Linda Friend, film "Overjoyed," with discussion to follow.

August 17 – Roger Parks, "River of Life."

August 24 – Mel Duncan, "The World Stands Disgraced."

August 31 – Meredith Albers, "Soil, the Provider of Life."

Note: Prior to beginning of service at 9:20 a.m., there will be issued a "Call to Gather" to alert folks to assemble in the sanctuary so that the service can start promptly.

Sunday Morning Classes will resume in September

Other Meetings:

August 11 – (Note Date Change) 5:30 p.m. Summer U Group at the home of Bob & Mary Worner. Call Co-Facilitators, Tere Mann (218/205-1064) or Bob Worner (218/826-6998) for full information.

August 13 - 12 Noon Facilities Committee

August 17 – Following Service – 125 Year Celebration Planning Task Force

August 20 – 5:30 p.m. Speakers Committee

6:30 Board Meeting

August 26 – U Group Facilitators @ home of Mary Anderson in Perham

Note: AA Meets every Monday evening @ 7 p.m. at UCU

More about Sunday Speakers

August 3 – Bob Worner will speak on the CONSCIENCE AND THE DEMOCRATIC PROCESS in reference to principle #5, “the right of conscience and the use of the democratic process within our congregation and society at large.” His talk will concern how we use conscience daily and in the process of living, acting and voting in knowledgeable ways.

August 10 – Linda Friend will be showing the film "Overjoyed," (13 min.) and then discussing the film. "Overjoyed" is a profile of a woman named Latara in North Milwaukee. She tells her own story, with footage shot by her and Linda and crew, about coming out of the projects in Chicago at 14 years old with a baby. Now in her 30's, she has a successful family and is teaching at Headstart. Latara also talks about what children need to be successful.

Senior Producer Linda Friend retired from Wisconsin Public Television after 25 years, where she was awarded more than forty national and international broadcast and journalism awards, including two duPont-Columbia Silver Batons, the Pulitzer Prize for television. Friend earned her Master's degree in Journalism & Mass Communications at UW-Madison in 2006 and completed her Master of Fine Arts degree in Art-film/video at UW-Madison in May 2010. She is a Senior Instructor at Edgewood College, where she teaches video production and cultural studies courses, and also teaches photography and video courses at neighborhood centers and summer sessions with the UW Education and Outreach Partnerships program. She also is the Media Arts Coordinator at the Boys & Girls Clubs in Madison. Friend exhibits photography and video regularly in the Midwest and Madison area, including the Overture Center and University of Wisconsin galleries, and produces films that have been featured in New York City and the Wisconsin Film Festival, among other venues.

August 17 – Rev. Roger Parks in the 3rd of his summer series. “Coming from a larger pool, flowing through life experiences we empty into a mighty sea.” Roger will be showing a video he produced that draws us into a meditation on the natural beauty that is all around us. (This talk is related to UU Principle #7).

For 40 years Roger has served as a United Methodist pastor in congregations around Minnesota. His focus has always been on social justice and he has served for some time as Chair of the Board of Church and Society for the Minnesota Conference of the United Methodist Church. Roger has a Doctor of Ministry degree focusing on Liberation Theology and currently seeks to highlight the work of progressive Christian thinkers. His last parishes were at Dent and Perham.

August 24 – Mel Duncan, Founding Director of Nonviolent Peaceforce and now Director of Advocacy & Outreach and a recipient of one of the UCU Empowerment Grants. Mel's message will be "The World Stands Disgraced." Pierre Krähenbühl, commissioner-general of the UN agency for Palestinian refugees, UNRWA, made this chilling observation after the shelling of a UN school in Gaza on July 30 which killed civilians as they slept. Civilians in many parts of the world have not faced such brutal peril since WWII. From S. Sudan to Gaza to Syria to the

Ukraine, innocent people including many children are being targeted. Mel will share sober reflections on protecting civilians and reducing violence in a seemingly chaotic world.

August 31 – Meredith Albers is a member of UCU currently living in Great Falls, Montana, where she works for the Natural Resources Conservation Services as a Resource Soil Scientist and is doing soil investigations in north-central Montana. Meredith has previously worked as a soil mapper in Minnesota and Iowa. She speaks with great passion about her love for “dirt.” Her talk, "Soil: the provider of life," will describe how soil makes life possible with nutrient cycling, water retention, and waste treatment.

Newsletter Submissions

Please submit your ideas and articles for the Newsletter to: maryanderson8380@msn.com. Editing and mailing by Ellen Eastby. Suggested articles and feedback are appreciated.

The Month That Was

July 6 - Rosemary Golias, “Kundalini Awakening.” The first time Rosemary heard of Kundalini was three years ago. Before she had no idea the impact it would have on her life giving her guidance and direction. She is doing things now that she doesn’t know how!

Kundalini is 10,000 year old. This is our birthright. It is direct communication with the spirit, a conscious energy. “My soul is in me; my soul is good.” Kundalini awakens a powerful, conscious energy flowing through your life. People have these experiences and do not know Kundalini’s healing touch. They have a hard time finding words. For Rosemary, there is no better true path that she can follow; finding her soul’s highest potential; sacred eternal divine, true and holy.

I have come to drag you out of yourself and take you
In my heart.
I have come to bring out the beauty you never knew
You had
And lift you like a prayer to the sky.
Rumi

**Kundalini is the source of our true self
beyond the body and into our divine
qualities.... Kundalini is that gateway
into becoming what God has destined for
you to have at this time - enlightenment.
It is very strong. It is very loving. It is
self-aware and has its own consciousness
that has been waiting within you for the
right time and the right information for
you to bloom. ~c**

Kundalini Awakening Seminar, Sept. 27/28, 2014, Eagan, MN. For more information contact: rosemary@usinternet.com (651/452-3161) or see: www.kundaliniawakeningsystems1.com.

July 13 – Rev. Roger Parks – “Culture of Gratitude.” Rev. Parks began by saying it would be a different world if we’d acknowledge it in gratitude. Humans are the only ones who have a capacity for gratitude. Each is bound to the other and known as the cosmos. “Interbeing = interbe” – to be fully human and fully connected. Robin Kimble is the author of “Braiding Sweetgrass” that tells of the Native America Culture as rooted in gratitude. We need to recognize our interconnections to the world and each other. Not the “I made it myself” culture that is false and deceiving.

Paper is an example: wood pulp came from trees, which use sun and water. Leaves produce oxygen that allows me to breathe. When does the water you swallow become you? We are interdependent on all. With gratitude comes responsibility. Even in receiving a gift, we have a responsibility to show gratitude to the giver.

The greatest threat is to believe that resources are limited, grab now because of scarcity – get mine before you get yours. There is enough for everyone if properly distributed. The Native Americans believed that wealth is having enough to give away, “constipated with wealth, too heavy to dance.” All we have, we offer up. Generosity is giving out, not pulling in. William McDowell says that in addition to the Bill of Rights, there should have been a “Bill of Responsibility.”

Ways to show our gratitude: listening, not wasting, volunteering, sharing, using a talking stick so everyone gets their turn to speak from the heart, paying taxes with gratitude, smiling, little things each day, recognize the resource stream and the values of connectedness. Be aware, empathize. Use anger as a tool – a righteous way to effect change.

July 20: Chris Hyslop, The fourth installment of the International Conundrum Series: "Making the point or winning the point? When saying the right thing leads to the wrong results with lessons from Sudan and Myanmar."

What happens in the world affects you. The concern is how to resolve conflict. Peace versus Justice comes out in conflict.

Chris contrasted the public campaign to raise awareness of Human Rights in Darfur, a region of western Sudan versus the now quiet efforts going on in Myanmar. Darfur is still, 10 years later, a hot spot. Many have died in this shocking genocide. And billions a year are spent by UN peacekeeping operations, but the result is that things are worse today; worse in the last 12 months than the ten years before. People are still displaced, still dying. There was an intensive, international, finger waving of protest against the atrocities but there was private obstruction by the Sudanese government who has made closer ties with China and the East.

In contrast, there is a more private, quieter diplomatic engagement approach in Myanmar. Formerly called Burma, Myanmar emerged from dictatorship. The problems there are intertwined and is between Buddhists and Muslims with Massive Human Rights violations.

Because it is a quiet effort, results are still unknown but know there is access to all levels of government, not just the central government like in Sudan, where top officials spoke agreement but continued the old actions.

Conflict resolution for the protection of human rights is a moral imperative.
Ask the question: Is what I am doing having the right effect?

Chris said that in his 20 years, the peacefulness and welcome that he finds in Islamic countries is not coming through in the press.

June 29 – Teresa Jaskiewicz, an environmental specialist who has worked for the DNR and Fish and Wildlife, currently teaching and motivating at Prairie Wetlands, spoke to us about the declining pollinators, especially the bees. 85% of plants rely on an animal to pollinate and 1/3 of human food requires the presence of a pollinator. There are 20,000 species of bees, 4000 in the USA, 18 species in Minnesota. Honey bees are not native to the US but were imported.

Because of the loss of habitat or deprivation of habitat, the bee colonies began collapsing which was noticed as early as 1996. Insects are “red blind.” They find attractive, violets, pinks, purples, blues and then yellows. Honey bees are lazy and pollinate the easy flowers like black-eyed susans. Though harder to get at, tubular flowers produce more nectar and that’s what native bees go for. Bees collect the nectar for its sugary sweetness and the pollen for its protein. They take back the “bee bread” to the queen bee usually who lives underground for food for the egg and pupae. The queen bee first fertilizes for female bees that are the worker bees. Later she fertilizes for male bees who are made to “service” her.

Native bees go to the same flowers – they do not flit from different flower to different flower because you don’t pollinate across varieties but rather in the same variety. The honey bee flits from flower to flower resulting in no pollination.

What we can do to help our pollinators: don’t use pesticides, know native plants and plant them, have part of our gardens as wild flowers, reserve some bare ground as bees like bare ground, find out from nurseries and encourage nurseries to watch where they get their plants from. Remember that moths are nighttime pollinators and that bats play a large role in pollination. “The problem is not the big farmers; the problem is people do not read labels.”

Note: Mpls Tribune had an article on bees this date.

Thanksgiving Address
Greetings to the Natural World
(A Haudenosaunee Native American Prayer Shared by Dr. Roger Parks)

On Sunday, July 13, 2014)

The People

Today we have gathered and we see that the cycles of life continue. We have been given the duty to live in balance and harmony with each other and all living things. So now, we bring our minds together as one as we give greetings and thanks to each other as people.

Now our minds are one.

The Earth Mother

We are all thankful to our Mother, the Earth, for she gives us all that we need for life. She supports our feet as we walk about upon her. It gives us joy that she continues to care for us as she has from the beginning of time. To our mother, we send greetings and thanks.

Now our minds are one.

The Waters

We give thanks to all the waters of the world for quenching our thirst and providing us with strength. Water is life. We know its power in many forms-waterfalls and rain, mists and streams, rivers and oceans. With one mind, we send greetings and thanks to the spirit of Water.

Now our minds are one.

The Fish

We turn our minds to all the Fish life in the water. They were instructed to cleanse and purify the water. They also give themselves to us as food. We are grateful that we can still find pure water. So, we turn now to the Fish and send our greetings and thanks.

Now our minds are one.

The Plants

Now we turn toward the vast fields of Plant life. As far as the eye can see, the Plants grow, working many wonders. They sustain many life forms. With our minds gathered together, we give thanks and look forward to seeing Plant life for many generations to come.

Now our minds are one.

The Food Plants

With one mind, we turn to honor and thank all the Food Plants we harvest from the garden. Since the beginning of time, the grains, vegetables, beans and berries have helped the people survive. Many other living things draw strength from them too. We gather all the Plant Foods together as one and send them a greeting of thanks.

Now our minds are one.

The Medicine Herbs

Now we turn to all the Medicine herbs of the world. From the beginning they were instructed to take away sickness. They are always waiting and ready to heal us. We are happy there are still among us those special few who remember how to use these plants for healing. With one mind, we send greetings and thanks to the Medicines and to the keepers of the Medicines.

Now our minds are one.

The Animals

We gather our minds together to send greetings and thanks to all the Animal life in the world. They have many things to teach us as people. We are honored by them when they give up their lives so we may use their bodies as food for our people. We see them near our homes and in the deep forests. We are glad they are still here and we hope that it will always be so. Now our minds are one.

The Trees

We now turn our thoughts to the Trees. The Earth has many families of Trees who have their own instructions and uses. Some provide us with shelter and shade, others with fruit, beauty and other useful things. Many people of the world use a Tree as a symbol of peace and strength. With one mind, we greet and thank the Tree life. Now our minds are one.

The Birds

We put our minds together as one and thank all the Birds who move and fly about over our heads. The Creator gave them beautiful songs. Each day they remind us to enjoy and appreciate life. The Eagle was chosen to be their leader. To all the Birds - from the smallest to the largest - we send our joyful greetings and thanks. Now our minds are one.

The Four Winds

We are all thankful to the powers we know as the Four Winds. We hear their voices in the moving air as they refresh us and purify the air we breathe. They help us to bring the change of seasons. From the four directions they come, bringing us messages and giving us strength. With one mind, we send our greetings and thanks to the Four Winds. Now our minds are one.

The Thunderers

Now we turn to the west where our grandfathers, the Thunder Beings, live. With lightning and thundering voices, they bring with them the water that renews life. We are thankful that they keep those evil things made by Okwiseres underground. We bring our minds together as one to send greetings and thanks to our Grandfathers, the Thunderers. Now our minds are one.

The Sun

We now send greetings and thanks to our eldest Brother, the Sun. Each day without fail he travels the sky from east to west, bringing the light of a new day. He is the source of all the fires of life. With one mind, we send greetings and thanks to our Brother, the Sun. Now our minds are one.

Grandmother Moon

We put our minds together to give thanks to our oldest Grandmother, the Moon, who lights the

night-time sky. She is the leader of woman all over the world, and she governs the movement of the ocean tides. By her changing face we measure time, and it is the Moon who watches over the arrival of children here on Earth. With one mind, we send greetings and thanks to our Grandmother, the Moon.
Now our minds are one.

The Stars

We give thanks to the Stars who are spread across the sky like jewelry. We see them in the night, helping the Moon to light the darkness and bringing dew to the gardens and growing things. When we travel at night, they guide us home. With our minds gathered together as one, we send greetings and thanks to the Stars.
Now our minds are one.

The Enlightened Teachers

We gather our minds to greet and thank the enlightened Teachers who have come to help throughout the ages. When we forget how to live in harmony, they remind us of the way we were instructed to live as people. With one mind, we send greetings and thanks to these caring teachers.
Now our minds are one.

The Creator

Now we turn our thoughts to the creator, or Great Spirit, and send greetings and thanks for all the gifts of Creation. Everything we need to live a good life is here on this Mother Earth. For all the love that is still around us, we gather our minds together as one and send our choicest words of greetings and thanks to the Creator.
Now our minds are one.

Closing Words

We have now arrived at the place where we end our words. Of all the things we have named, it was not our intention to leave anything out. If something was forgotten, we leave it to each individual to send such greetings and thanks in their own way.
Now our minds are one.

In Good Company

Check out the Summer 2014 edition of the magazine, In Good Company with the article "Coming Full Circle" featuring **Patty Kakac**. The article was written by Jennifer Schmidt.

**Workshop Sponsored by
Beginning Experience of Fergus Falls**

Coping with Life Alone, Rebuilding after your Relationship Ends, Building Happiness

Thursday, August 14, 2014

Zion Lutheran Church, 202 Summit Ave. E., Fergus Falls

Your Choice at: 2:00 or 4:00 or 7:00 or 9:00 p.m.

The Beginning Experience Workshop is FREE and open to anyone in the community who is experiencing "coping with life alone" because of divorce, separation or widowhood or anyone who knows someone that may benefit from the program.

Coffee for Sale

Kathy Kensinger is now coordinator for the Equal Exchange Coffee for sale at the Unitarian Church. The wholesale purchase of the coffee goes to Equal Exchange and profits through sale of the coffee by the church have gone to the UUA Social Justice Fund. You have your choice of several varieties at \$9/package. Pick up some when you walk by the display at UCU on the upper foyer table.

Unity Church St Paul – 2014 Fundraiser Raffle

Win a 100% Electric Nissan Leaf Car - Tickets are \$20 each and can be purchased by sending a check to Unity Church, 732 Holly Avenue, St. Paul MN 55104. Please include your name, address, and phone number and we will mail the stub to you. More information – including the complete list of prizes -- is available online at www.unityunitarian.org. Only 4,000 tickets will be sold. Drawing will be held September 28 and you need not be present to win. Funds support Unity's operating budget. Thank you! See: www.unityunitarian.org or www.unitytomorrow.org.

Canadian Museum for Human Rights

Opening September 20, 2014

You're invited to be part of it.

Canada's new Museum for Human Rights will open its doors to the world on September 20, 2014 in Winnipeg, Manitoba, Canada. The Museum's official opening will mark a proud moment for Canada, the creation of a national hub for reliable human rights education, and a stunning new visitor destination. The CMHR started with one person's dream and has grown to become a National Museum focused on the universal topic of human rights. It is the first museum solely dedicated to the evolution, celebration and future of human rights. The purpose of the Canadian Museum for Human Rights is to explore the subject of human rights, with special but not exclusive reference to Canada, in order to enhance the public's understanding of human rights, to promote respect for others and to encourage reflection and dialogue (*Museums Act*). For more information see: <http://museumforhumanrights.ca/home>.

Save the Date – August 30!!
UCU 125th Anniversary Celebration
Underwood Harvest Festival

We want all to join together and participate in our 125 Year Celebration during the Underwood Harvest Days on Saturday, August 30. We'll be part of the parade with our own brass ensemble, have dressed up characters portraying famous Unitarian Universalists, showcase our artists, have a musical festival featuring our musicians, feature a slideshow with a historical overview of our 125 years, have a chance to win a playhouse from the Habitat for Humanity raffle, and hand out orange soda and root beer floats to show our appreciation to the community. We're celebrating in a big way with our members, friends and community that the Unitarian Church of Underwood was and is a "light on the prairie" these past 125 years. There are many ways you can help or just come and have fun!! We are anticipating 200-250 folks to stop by that afternoon. Here's the schedule so figure out where you can fit in:

August 20-29, Bring your art pieces to church so we can ready them for display on the 30th and/or longer.

Saturday, August 30 Schedule

10 a.m. – 1p.m. Set-up with Simple Potluck at 11:30 at church for art and history displays, table and fall décor, signage. **Bring a simple dish to share for potluck for the crew.**

12 – 1 p.m. Prepare People's Wagon for parade

1:30 – Gather at High School for parade participation.

2:00 – 2:45 – Parade featuring Wally Warhol's and Ken Hamrum's brass band and the People's Wagon pulled by Chuck Adelsman on his tractor with members/friends dressed up as notable Unitarians (**see **list at end of Newsletter to select who you'd like to portray!**), display of our banners and flag by RE Kids and helpers.

Following parade - 5:00 Open House at church –Musicians, artists and art work, historical documents and slide show, ice cream floats, meet and greet community members.

3:30 Habitat for Humanity Playhouse Raffle at UCU

5:00-6:00 Clean Up

Contact one of the planning members for your part!! If you wish to donate toward the costs of the ice cream floats, give your contribution to JoAnn Larson. Watch for further announcements and postings throughout the month of August. Planning members include: Mary Anderson, Ellen Eastby, Susan Groff, Mirianna Ivanovic, JoAnn Larson, John & Janelle Miersch, John Minge, Alisha Pierkarski, Shannon Smith, Bob & Mary Worner.

Gifts They Bring
Our Artists

Ron Graham once made a statement during his talk that struck me at the time and has stuck with me since stating to the effect that "each of us has some artist within us." Whether we create with our gardens, our needles, our fields, our photography, our jewelry making, our handiness, our cooking, our crafting, our nurturing, the creative spirit lives within us. But here

we want to recognize that within our church body, we have a large number of artists who bring forth great creative ability and through their works, bring others of us wonder and awe. We are grateful for the talents they share and their pieces of inspiration. For without art, we are less able to grasp the mystery of the Creator and the beauty within that creation. We celebrate our artists:

Chuck Adelsman restores John Deere tractors, which is an art in itself but Chuck would not rank himself as one of the artists. However, we would! So ask Chuck more about his collection and his restoration process when you next see him.

Lance Alberts is busy preparing for his wedding ceremony with Bonnie Bell on August 29 at UCU so we'll catch up with him later on his artistic accomplishments.

Luke Anderson does wood work and we'll hope to find out more from him once Luke has recovered from his surgery.

Budd Andrews says that Marguerite took him to all those art galleries - that is his training. His art is wood collage and he started with the scraps from the toys he had made for the kids over all those years. He offered a big collage at the Historical Society's silent auction - in the 90s, and blushed when he learned that Charlie Beck bought it! Charlie apologized for paying only \$50 for it! Folks have seen it hanging in his house.

FFJC called and asked if Budd would do a one man show at the college; Budd says. "Do you want to see them?" "We don't need to." Charlie says!! He has shown at the FFJC Artist's Invitational for several years, and there are several about the campus that they kept. For a 2001 One Man Show at the Unity Church in St Paul, he took 39 and sold 19. Every year at Camp Unistar, he created and auctioned a piece for the Camp's benefit. Budd and Marguerite have pictures of only a few of these.

And each year around Christmas, we all benefit from Budd's wooden puppets, known as "Dancing Dolls," that he made based on his father's creations. The little and big kids get to set the puppets in motion to at least one of our favorite seasonal jingles.

Sandy Barnhouse – Sandy has been on the Art of the Lakes board going on ten years, was an editor/graphic designer for 20 years at SCSU, a teacher before that. She has a Master of Arts in painting. She wanted to paint for many years but couldn't because of job and family but got back to it now in retirement, and "just like my job, I go back and forth between writing/editing and designing/painting, only now I do my own work. I have recently swung back deeply into writing/editing during the past year, and have done very little art, although I recently presented a very successful pastel workshop through the Art of the Lakes Summer Workshop Program.

I've only completed two pictures during the past twelve months, a kale still life last summer and a pastel fish this summer, very small. I'm currently working on all four of my books at the same time, for different purposes, getting them out as ebooks, primarily, and I have a big word

project about the future that I want to put on-line, with grant support from the Legacy Funds, still pending. I miss painting, but nothing interests me there right now.”

We have several of Sandy’s paintings on display at church and always hope for more!

Judy and Lowell Carpenter have been in theatre arts since they met at as students at the University of Minnesota, Duluth in the late 1970's. Judy was finishing her degree in English and Speech Education. She also became certified in coaching. Lowell had graduated from Bemidji State with a liberal arts degree seven years earlier. He was back in school at UMD to become a teacher after a stint in the U. S. Army and a job in business.

Judy was very active in high school theatre, both as an actor and choreographer, for several high school plays and musicals. As a senior in high school she regularly organized trips from Cambridge, MN, to the Guthrie and other Twin Cities theaters. She acted in plays while a student at UMD as well. After college, she directed several plays at Hinckley High School and Pelican Rapids High School where her students were successful in the Minnesota State High School League One-Act Play competitions.

Lowell performed in two Bemidji State College productions. As a teacher at Fergus Falls High School, he directed over 25 full length dramas and musicals, several one-acts and many children's plays.

Lowell and Judy continue to attend live theater at M-State, in Fargo-Moorhead, and in the Twin Cities. They are active bicyclists and campers. Judy continues to teach English at Fergus Falls High School. Lowell retired from teaching this June. In his retirement, Lowell hopes to continue being active in theater, particularly dramatizing history. In fact, he will be performing in the Kirkbride Cycle during Imagine Fergus Falls at the RTC the afternoon of September 6. Don’t miss it!

Joanne Cress enjoys working with a variety of mediums (oil, pastels, watercolor, collage, linocuts) and she has “found that one medium can enhance another medium.” Much of Joanne’s inspiration comes from quiet moments in nature. Each season has its beauty and she “can be attracted to a close up of a morning glory for a linocut or a distant landscape for an oil or watercolor painting. “ When she is creating a collage, “my imagination goes on overtime. It is exciting how one idea can trigger other ideas. “

Joanne serves on the City Arts Council of Battle Lake that recently completed a new streetscape for uptown Battle Lake. She constantly “stressed aesthetic continuity as this was like a huge canvas and everything had to flow together. They are pleased with the results. Joanne’s real passion is teaching creative thinking by way of the visual arts. Her study for her Masters’ Degree was comparing creative teaching with traditional teaching. “Needless to say, creative teaching is the only way and in the best interest of the student.”

For about 15 years, Joanne had her own summer art school teaching children ages 8-18. Students registered in the school came from as far away as Hawaii. It was during this time that she was selected for "Who's Who Among America's Teachers." She has had lots of wonderful teaching experiences from the University of Hawaii to several schools on the mainland.

Joanne continues to study art every day. If she is not at work in her studio, she is reading art history or studying the work of nationally known present day artists.

We have several of Joanne's paintings displayed on the both the upper and lower levels at church. Check them out!

Art Opportunities in Otter Tail County From Mickie Edmonds

"Our county is rich in artists and art opportunities. When I served on the Lake Region Arts Council, I knew of at least 100 artists in our 7 county region. I used to say that there seemed to be a creative person hiding under almost every rock in the county! Rather than attempt to list them all, I'd suggest you contact the Arts Council, Phone 218-739-5780, if you are looking for a specific item or service.

If you would like to see, and possibly purchase, original art by local artists, there are several wonderful galleries to visit. Art of the Lakes, 105 Lake Street, Battle Lake, displays the works of over 70 regional artists, including our members Sandy Barnhouse and Mickie Edmonds. Art of the Lakes also offers workshops in a variety of media. Phone 864-8006 for specifics. Fergus Falls is home to four galleries displaying original art: the Fergus Falls Center for the arts on Lincoln Avenue, the Kaddatz Arts Gallery on Lincoln Avenue, the Lake Region Arts Council, on South Mill, and the Charles Beck/Waage Galleries at the Minnesota State Community and Technical College.

If handmade pottery is your special desire, you'll find it in several of the galleries listed above, as well as in these two potteries: The Potter Daughter on the north shore of Ottertail Lake (39290 County Hwy.1) and Pomme de Terre Pottery, 32586 Island Rd., Battle Lake. Finally, for a major kick, visit the sculpture garden in Vining. Given the size of Vining, no directions are necessary."

Above author, **Mickie Edmonds** has been a professional artist for 30 years. She's worked in almost every media, including clay, but in recent years she has preferred transparent watercolor. Mickie has shown her work in competitions throughout the United States, and her work is in private homes in almost every state and several museums. Locally her work can be seen at Art of the Lakes. Her subject matter is "whatever is interesting at the moment, and that changes with time."

Mickie has graciously contributed her water colors for our Newsletters. And her beautiful stained glass depiction stands out as it hangs at the top of the stairs as you ascend to the second floor at church.



“What we all have been waiting for.”
Mickie Edmonds

Ron Graham has been doing ceramics since he took classes at M-State about 7 years ago and has had his home studio for about 3 years. Ron “loves the feeling of using the basic elements of earth, water, air, and fire to create both functional containers and works for display. “Doing pottery is a timeless art which connects me with those of the distant past and potentially some far into the future.” Ron is not currently a member of any arts organization. But he and we are pleased to have both a vase and the candle sculpture we use for Joys and Concerns on display at our church and that other of his candle sculptures are being used in our U-Groups.

Miriana Ivanovik-Hoff is too shy to tell us about her work but she’ll be providing some of it in signage and banners for the Harvest Festival UCU Open House.

Another shy individual, **Ashley Erin Leuthardt** (aka *A.LightHeart* or *KatAnimate*) has been attending UCU with her special friend Kellen for the past several months and it has been discovered that she does digital painting. Ashley began creating her work since she “could hold a writing utensil.” Then, as a 14 year old kid (February 2005), she started digital painting; is currently using a program called PaintTool SAI and a Wacom Intuos graphics tablet. But she says she’s “been known to dabble in many mediums, including costume making and oil painting.”

Ashley had a very traumatic childhood, as a result suffers with Complex Post Traumatic Stress Disorder and is gifted with an Eidetic Memory (the ability to perfectly recall images, objects and/or sounds for several minutes in one's "mind's eye." She is painfully shy, but has shared her story at: <http://fav.me/d6utv8v> and her art work on the largest online art community: <http://katanimate.deviantart.com/>. She is inspired by her “wonderful supporters, felines, and

the intensity of childhood emotions.” As soon as Ashley gets some canvas prints made of her pieces, we hope to have some of her works displayed at church. And then we can be added as some of those “wonderful supporters.”



Mononoke Hime" (scene based on a Japanese animated film)
by Ashley Leuthardt (October 2013)

Katy Olson has been doing fiber arts and drawing since college some 30 years ago. She is inspired through social issues and personal experience. She is not a commercial artist but does her art form for her own enjoyment. Katy was recently part of a four woman show that toured several galleries displaying Fiber Arts through the ages and had several pieces in that show. The group did it through a Legacy Grant through Lake Region Arts Council. Katy “would love to share those (for August 30) if we have them back before then. They are in Henning now. I also have pieces that I did a long time ago and some new fiber pieces.” **Cedar Walters** is following in the footsteps of her mom in creation of fiber arts.

Liz Sweder began taking recreational classes at the Edina Art Center, the College of St. Catherine, and with private sculptors and teachers in Minneapolis in the early 1980s. She had been involved in creative activities all her life, but did not discover sculpting and clay modeling until her daughters began college. In 1990, she returned to the University of Minnesota and earned a Bachelor of Fine Arts Degree in Sculpture and Ceramics, graduating in 1994. She has created many portrait busts, some of them cast in bronze, and many sculptural ceramic pieces as well as functional work.

Although Liz’s family had moved from Fergus Falls to Minneapolis in 1947, they continued to spend summers at their Swedish style red cottage on Jewett Lake. In 1999 when her husband, Don retired, they “returned to my roots at Jewett Lake, where we built a house with an art studio. I joined Art of the Lakes in Battle Lake, where I displayed and sold my work for 10 years. More recently I turned to writing. I joined the Fergus Writing Group and began writing a

memoir of my early life, beginning in Fergus Falls, then moving to Washing D.C. and Fargo during World War II, growing up in Minneapolis and finally returning to Fergus.”

The name of Liz’s book is “The Red Cottage: A Memoir.” She expects to self-publish the book sometime this fall. “Please look for it in local book stores and gift shops!”

Deb Walwork lives at the Kaddatz Gallery Artist Lofts. As well as play old time fiddle for church and dances, she does filmmaking. For Prairie Public Television, she made films about the North Dakota Native American tribes featuring their heritage and cultures. She’s also done local documentaries working with Hjemkomst Heritge Center and Stand for Food. Her latest film, “Dirty Work” was shown on TPT in May. She is now working on a film about the monarch butterfly decline. We’re hoping to get to see some of her films here at church in the future.

Kris Warhol has been painting for over fifty years using watercolors and acrylics mostly with primary colors. Her goal is to capture life in each piece and she likes to paint ordinary life: birds, flowers, people, etc. Kris says painting gives her “unleashed freedom to express her emotions.” Retirement now allows her the time to paint. Kris’s mentors are Robert Hyslop, Georgia O-Keeffe, and Salvador Dali. She is thankful this door has opened to her and she has been given the opportunity to express love and life. A special event is coming: **Kris Warhol Presents 65 Watercolors**, August 1st at 7 p.m. at the Spot, downtown Fergus Falls. A portion of the proceeds will benefit Kinship of Fergus Falls.

If there are other artists among us not noted, we look forward to learning about you and viewing your creations. And we plan to view some of the works of the above artists at the UCU Open House August 30 during the Underwood Harvest Festival.

***“May we be reminded here of our highest aspirations,
And inspired to bring our gifts of love
and service to the altar of humanity.
May we know once again that we are not isolated beings
But connected, in mystery and miracle, to the universe,
to this community and to each other.”
(#434 Anonymous from Singing the Living Tradition)***

U Groups

The summer U group facilitated by Bob Worner and Tere Mann met at the home of Bob & Mary Worner July 10. The subject was "Claiming Happiness." The last summer U group will be held at the Worners again on Monday, August 11 (Note date change).

This will begin the 4th year of the Unitarian Church of Underwood's small group ministry known as U Groups. Sign-up for 2014-2015 U Groups will be available at church beginning August 17 or contact Tere Mann at teremann@gmail.com (218/205-1064) or Connie Stigen at dcstigen@gmail.com (218/731-1443) to learn more and sign up. We are planning again on 4 groups, two in Fergus Falls, one in Battle Lake and one in Perham. If interest is indicated and co-facilitators are available, we would consider a 5th group/location. A host home is needed for the Fergus Falls evening group and a facilitator is needed for the Battle Lake afternoon group. For more complete information and to volunteer, please contact Tere or Connie. Once the sign-up is complete, dates, times and locations will be available in the September Newsletter and church announcements.

UCU Board Minutes

Note: The UCU Board did not meet in July so the minutes of June 18, 2014 once approved by the Board will be included in the September Newsletter.

Notable Unitarians

****For your general interest and to pick a UU person to portray at the parade and open house August 30 during the Underwood Harvest Festival, UCU 125 Year Anniversary Celebration. Let Janell Miersch (miers004@umn.edu) know your selection. For additional names see: www/famousuus.com.**

NOTABLE UNITARIANS

Michael Servetus	1511-1553	Theologian, Unitarian Martyr
Edmund Halley	1656-1742	Astronomer, Discoverer of Halley's comet
Josiah Wedgwood	1730-1795	Potter
Joseph Priestley	1733-1804	Natural Philosopher, Political Theorist
John Adams	1735-1826	President of the United States
Thomas Jefferson	1743-1826	President of the United States, Author of U.S. Declaration of Independence
Robert Burns	1759-1796	National Poet of Scotland
Mary Wollstonecraft	1759-1797	Woman's Rights Advocate, Author of <i>A Vindication of the</i>

Rights of Woman

John Quincy Adams	1767-1848	President of the United States
Samuel Taylor Coleridge	1772-1834	Poet
Dorothea Dix	1802-1887	Teacher, Children's Author, Mental Health Care Advocate
Ralph Waldo Emerson	1803-1882	Unitarian Minister, Lecturer, Essayist, Poet
Nathaniel Hawthorne	1804-1864	Author of <i>The Scarlet Letter</i> and <i>The House of the Seven Gables</i>
Henry Wadsworth Longfellow	1807-1882	Poet, Educator
P. T. Barnum	1810-1891	Showman
Charles Dickens	1812-1870	Author of <i>A Christmas Carol</i> and <i>Oliver Twist</i>
Emily Stowe	1813-1903	Toronto Physician, Suffragette, First Woman Doctor in Canada
Henry David Thoreau	1817-1862	Author, Poet, Abolitionist, Naturalist
Herman Melville	1819-1891	Author of <i>Moby Dick</i>
Walt Whitman	1819-1892	Poet, Humanist
Susan B. Anthony	1820-1906	Activist, Publisher
Florence Nightingale	1820-1910	Nurse, Humanitarian, Statistician, <i>Inventor of the Pie Chart</i>
Clara Barton	1821-1912	Founder of the American Red Cross
Louisa May Alcott	1832-1888	Abolitionist, Author of <i>Little Women</i>
Horatio Alger	1832-1899	Unitarian Minister, Author of Juvenile Fiction
Edvard Grieg	1843-1907	Norwegian Composer
William Howard Taft	1857-1930	President of the United States, President of the National Conference of Unitarian and Other Liberal Christian Churches
Beatrix Potter	1866-1943	Conservationist, Author of <i>The Tale of Peter Rabbit</i>
Frank Lloyd Wright	1867-1959	Architect
Béla Bartók	1881-1945	Hungarian Composer
N.C. Wyeth	1882-1945	Illustrator
e. e. cummings	1894-1962	poet

Buckminster Fuller	1895-1983	Engineer, Designer, Inventor, Futurist
Adlai Stevenson	1900-1965	Politician, Diplomat, U.S. Presidential Candidate
Linus Pauling	1901-1994	Chemist, Peace Activist, Double Nobel Laureate
Rachel Carson	1907-1964	Writer, scientist, ecologist
May Sarton	1912-1995	Poet, Author of <i>Coming Into Eighty</i> and <i>Mrs. Stevens Hears the Mermaids Singing</i>
Pete Seeger	1919-2014	Musician, Humanitarian
Lloyd Francis	1920-2007	MP for Ottawa Area Ridings, Parliamentary Speaker
Kurt Vonnegut	1922-2007	Author of <i>Slaughterhouse-Five</i> and <i>Breakfast of Champions</i>
Rod Serling	1924-1975	Screenwriter, TV Producer
Paul Newman	1925-2008	Actor
Margaret Laurence	1926-1987	Canadian Author of <i>The Stone Angel</i> and <i>The Diviners</i>
Sylvia Plath	1932-1963	Poet, Author of <i>The Bell Jar</i>
Christopher Reeve	1952-2004	Actor, humanitarian/activist
Randy Pausch	1960-2008	Computer Science Prof at Carnegie Mellon University, Author of <i>The Last Lecture</i>
Robert Fulghum	b. 1937	Unitarian Minister, Author of <i>All I Really Need to Know I Learned in Kindergarten</i>
Sir Tim Berners-Lee	b. 1955	Physicist, Inventor of the World Wide Web